

Hello everyone,

My name is Janis Cox. I have volunteered to help Harry with the Sunday School lessons while we are in COVID. This lesson is based on the lectionary reading for Sunday.

If you have any questions or suggestions, please email me at authorjaniscox@gmail.com. And don't forget to send pictures and videos of your work to Harry.

Lesson: You are Chosen by God

Scripture

Romans 8:12-17 The Passion Translation

*¹² So then, beloved ones, the flesh has no claims on us at all, and we have no further obligation to live in obedience to it. ¹³ For when you live controlled by the flesh, you are about to die. But if the **life of the Spirit** puts to death the corrupt ways of the flesh, we then taste his **abundant life**.*

Sons and Daughters Destined for Glory

*¹⁴ The mature children of God are those who are moved by the impulses of the Holy Spirit. ¹⁵ And you did not receive the “**spirit of religious duty**, leading you back into the fear of never being good enough. But you have received the “Spirit of full **acceptance** enfolding you into **the family of God**. And you will never feel **orphaned**, for as he rises up within us, our spirits join him in saying the words of tender affection, “Beloved Father!” ¹⁶ For the Holy Spirit makes God’s fatherhood real to us as he whispers into our innermost being, “You are God’s beloved child!”*

*¹⁷ And since we are his true children, we qualify to share all his **treasures**, for indeed, we are **heirs** of God himself. And since we are joined to Christ, we also **inherit** all that he is and all that he has. We will experience being co-glorified with him provided that we accept his suffering as our own.*

..... From The Message – Romans 8:12-17

¹²⁻¹⁴ So don't you see that we don't owe this old do-it-yourself life one red cent. There's nothing in it for us, nothing at all. The best thing to do is give it a decent burial and get on with your new life. God's Spirit beckons. There are things to do and places to go!

¹⁵⁻¹⁷ This resurrection life you received from God is not a timid, grave-tending life. It's adventurously expectant, greeting God with a childlike “What's next, Papa?” God's Spirit touches our spirits and confirms who we really are. We know who he is, and we know who we are: Father and children. And we know we are going to get what's coming to us—an unbelievable inheritance! We go through exactly what Christ goes through. If we go through the hard times with him, then we're certainly going to go through the good times with him!

Thinking about the Lesson

Questions: (based on TPT)

1. How do we get a taste of abundant life? (Live a life with the Spirit)
2. What type of duty did we not receive? (The spirit of religious duty)
3. To whom do we belong? (The family of God)
4. What does the Holy Spirit say to us about who we are? (You are God's beloved child!)
5. What do we share as God's true children? (His treasures, all that Jesus is and all He has)
6. What is another word for Christ? (Jesus)
7. What does orphaned mean? (Left alone)
8. What is an heir? (Someone who inherits from another)
8. What does inherit mean? (Receive blessings, gifts from God)
9. Who belong to the Trinity? (The Father, The Son (Jesus) and The Holy Spirit)

Memory Verse for youngest ones

I am special to God. God loves me.

Memory verse for older ones

For the Holy Spirit makes God's fatherhood real to us as he whispers into our innermost being, "You are God's beloved child!" (Romans 8:16, TPT)

Here are a few ideas to memorize verses:

1. Cut the words out separately and then mix them up. Now try to put them back together. 2. Using actions say the verse.

For this week you could use these actions:

For the Holy Spirit (Slide one hand over the other palms together, take your right hand and join thumb and third finger together and rise up your hand in a wavy motion) makes God's (point up) fatherhood (closed both hands and open them) real to us as he whispers (make a whispering

sound) into our innermost being (drag your hands down your sides and into your heart), “You (point to others) are God’s (point up) beloved child! (hug yourself)” (Romans 8:16, TPT)

3. Print out the words on a card. On the back of the card, print the first letter of each word. Now try to say the verse.

Discussion

We are God’s children. He chose us. We are given freedom to listen to His Holy Spirit. We learn from Jesus. This is the Trinity. God is Three in One.

Read the Message version of this scripture out loud. How do you feel? (accepted, loved)

For younger children check out *Tadeo Turtle* (written and illustrated by Janis Cox). This is a story of a turtle who wants to be different. He finds out that he is perfect just how God made him.

<https://bit.ly/3fYeNID> (Video of Janis reading *Tadeo Turtle*)

Also check out *The Mixed-Up Chameleon* by Eric Carle.

<https://www.youtube.com/watch?v=J4eDzxIRBnkTh>

And *You are Special* by Max Lucado

<https://www.youtube.com/watch?v=15QuHygLwFU>

Pray together

Lord, we know that You know us very well and love us completely. You created us perfectly. Help us to listen to the Holy Spirit and know how much You love us. In Jesus’ name. Amen.

Activities

1. Draw a picture of yourself. Write at the bottom. God loves me just as I am.

2. Word Search

Additional Resources

Adoption <https://www.youtube.com/watch?v=WCn2spULgxE>

Blessings,

Janis

You can reach me at authorjaniscox@gmail.com for questions or comments.

You are Chosen by God

G	O	O	D	O	O	H	R	E	H	T	A	F	E
A	A	F	F	E	C	T	I	O	N	C	F	D	S
D	E	A	T	H	E	E	S	F	E	O	I	A	D
H	O	L	Y	G	H	E	H	E	H	T	E	U	E
R	I	A	L	O	Y	T	U	D	L	O	T	G	N
V	D	I	S	D	H	S	E	L	F	U	G	H	A
N	F	B	E	L	O	V	E	D	A	D	R	T	H
E	T	A	B	U	N	D	A	N	T	E	C	E	P
S	O	N	S	U	F	A	M	I	L	Y	H	R	R
S	E	R	U	S	A	E	R	T	L	G	O	S	O
D	S	R	E	L	I	G	I	O	U	S	S	F	T
E	T	S	I	R	H	C	T	T	R	I	E	H	P
S	P	I	R	I	T	T	I	R	E	H	N	I	D
R	O	H	S	R	E	C	E	I	V	E	D	H	E

FAMILY
 RULES
 ABUNDANT
 HOLY
 RELIGIOUS
 AFFECTION
 TREASURES
 DAUGHTERS
 GOOD
 SPIRIT
 HEIR
 CHRIST
 RECEIVED
 LIFE
 ORPHANED
 GOD
 DUTY
 FATHERHOOD
 INHERIT
 FLESH
 BELOVED
 CHOSEN
 SONS
 DEATH

Play this puzzle online at : <https://thewordsearch.com/puzzle/2458511/>

I WILL★
PRAISE
HIM FOR
I AM★
FEARFULLY
AND ★
WONDERFULLY
MADE.

FROM
PSALM 139:14



I'm so WONDERFULLY MADE!



GOD MADE US IN A SPECIAL WAY.